

PLEASE PRINT  
Attach additional pages if  
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## HealthChoice/DHMH

Please Circle One

### Initial Treatment Plan for:

\_\_\_\_ Notification  
\_\_\_\_ Treatment Plan

- Ambulatory Detox
- Intensive Outpatient Treatment
- Methadone Maintenance
- Traditional Outpatient Treatment

Page 1 of 4

Date contact made to MCO: _____ Time: _____ am / pm	MCO Name _____ Contact Name _____	Date confirmation received from MCO: _____ Time: _____ am / pm
--	--------------------------------------	---

**Please complete all sections. For confidentiality purposes, please do not write the client's name in the body of the treatment plan. This information has been disclosed to you from records protected by Federal confidentiality rules (CFR 42 – part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by CFR 42- Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of this information to criminally investigate any alcohol or drug abuse patient.**

1. Client's First Name Only	2. Client's Date of Birth ____/____/____ Mo      Day      Yr	3. Client's Sex M____ F____	4a. Client's MCO Number  4b. Client's MA Number																																										
5. Group Number*	6. Client's Address & Phone Number																																												
7. Clinician's Name (Printed)  _____ Clinician's Signature      Date		8. Clinic/Program Name, Address & Phone number																																											
9. MA Provider Number	10. Referral Source	11. Primary Care Physician	12. Date of Last Exam																																										
13a. Client Pregnant? Yes____ No____ 13b. If Yes, Due Date _____		14. OB/GYN: _____ a. Pre Natal Appt Scheduled: _____ b. Pre Natal Appt Completed: _____ c. OB/GYN Knows of Pregnancy? Yes____ No____																																											
15. Date Present Treatment Began (mo, day, yr)																																													
16. Diagnosis (Please complete all axes. ) Use DSMIV Codes  <div style="display: flex; justify-content: space-between;"> <div>           AXIS I             AXIS II             AXIS III         </div> <div>           AXIS IV             AXIS V (GAF)         </div> </div>																																													
17. Reason for Seeking Treatment/Motivation for Treatment																																													
<table style="width: 100%; border-collapse: collapse;"> <tr> <th style="text-align: left;">18. Substance Abuse History</th> <th style="text-align: left;">Last Use</th> <th style="text-align: left;">Route</th> <th style="text-align: left;">Date Use Began</th> <th style="text-align: left;">Frequency</th> <th style="text-align: left;">Toxicology Screen</th> </tr> <tr> <td style="text-align: left;">Drugs of Choice</td> <td></td> <td></td> <td></td> <td></td> <td style="text-align: left;">Date      I      Results</td> </tr> <tr> <td>Alcohol _____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>Barbiturates _____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>Cocaine _____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>Opioids _____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>Other _____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> </table>				18. Substance Abuse History	Last Use	Route	Date Use Began	Frequency	Toxicology Screen	Drugs of Choice					Date      I      Results	Alcohol _____	_____	_____	_____	_____	_____	Barbiturates _____	_____	_____	_____	_____	_____	Cocaine _____	_____	_____	_____	_____	_____	Opioids _____	_____	_____	_____	_____	_____	Other _____	_____	_____	_____	_____	_____
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Other _____	_____	_____	_____	_____	_____																																								
19a. History of Delirium Tremens Yes____ Last date _____ No____		19b. History of Blackouts Yes____ Last Date _____ No____																																											
		19c. Alcohol Related Seizures Yes____ Last Date _____ No____																																											

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<p>20. Substance Abuse Treatment History (Last 3 Years)</p>          	<p>21. Medical Complications</p> <table style="width: 100%;"> <tr> <td>Allergies _____</td> <td>Heart _____</td> </tr> <tr> <td>Amputee _____</td> <td>Hepatitis _____</td> </tr> <tr> <td>Cirrhosis _____</td> <td>HIV _____</td> </tr> <tr> <td>Diabetes _____</td> <td>Hypertension _____</td> </tr> <tr> <td>Enlarged Liver _____</td> <td>Jaundice _____</td> </tr> <tr> <td>Gunshot _____</td> <td>Seizures _____</td> </tr> <tr> <td>Head Injury _____</td> <td>STDs _____</td> </tr> <tr> <td>Hearing Impaired _____</td> <td>Other _____</td> </tr> </table>	Allergies _____	Heart _____	Amputee _____	Hepatitis _____	Cirrhosis _____	HIV _____	Diabetes _____	Hypertension _____	Enlarged Liver _____	Jaundice _____	Gunshot _____	Seizures _____	Head Injury _____	STDs _____	Hearing Impaired _____	Other _____												
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<p>22. List All Medications (including Methadone/LAAM)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 20%;">Type</th> <th style="width: 20%;">Dosage</th> <th style="width: 20%;">Start Date</th> <th style="width: 40%;">Response</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td><td>_____</td></tr> </tbody> </table>		Type	Dosage	Start Date	Response	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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<p>23. If medications are being administered by someone other than yourself, please identify.</p>  																													
<p>24. Suicidal/Homicidal Behaviors? No _____ Yes _____ Clarify _____</p> <p>If yes, is client able to contract for safety? _____</p> <p>List recent hospitalization or attempts _____</p>																													
<p>25. If client has a co-occurring psychiatric diagnosis, is client in treatment? Yes _____ No _____</p>																													
<p>26. Client's Mental Health Professional _____ Phone Number _____</p> <p>Release of Information Signed? Yes _____ No _____</p>																													
<p>27. Psychosocial Functioning:</p> <p>Domestic Violence _____</p> <p>Drugs in the Home _____</p> <p>Education _____</p> <p>Legal Problems _____</p> <p>Primary Support System _____</p> <p>Recovery Environment _____</p> <p>Working _____</p> <p>Other _____</p>																													
<p>28. Brief Mental Status</p>          																													
<p>29. Assessment Tools</p> <p>MAST Score _____</p> <p>POSIT Score _____</p> <p>ASAM Criteria _____</p> <p>Dimensions: I _____ II _____ III _____ IV _____ V _____ VI _____</p> <p>Level of Placement Assigned _____</p>																													

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30. Statement of Problem/s

Goals related to Presenting Problems (use finite / measurable / observable terms)\*\*

\*\*12 STEP/Community Support/Spirituality

Short term:

1)

2)

3)

Long term:

1)

2)

3)

\_\_\_\_\_  
Client's Signature

\_\_\_\_\_  
Date

31. Type of Treatment Requested

Frequency/Week

Duration of **EACH** Session

IOP \_\_\_\_\_

Methadone Maintenance/LAAM \_\_\_\_\_

Individual Behavior Therapy \_\_\_\_\_

Group \_\_\_\_\_

Other \_\_\_\_\_

32. Anticipated Discharge Date: \_\_\_\_\_

After Care Plan:

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33. Comments (e.g. employment, family, housing, health status, socialization, support system)

**For Ambulatory Detox Only**

1. Vital Signs

BP \_\_\_\_\_ Pulse \_\_\_\_\_ Temperature \_\_\_\_\_ Respiration \_\_\_\_\_ Date taken \_\_\_\_\_  
Time taken \_\_\_\_\_ am/pm

2. Withdrawal Symptoms

Agitation _____	Piloerection (goosebumps) _____
Chills _____	Rhinorhea (runny nose) _____
Cramping _____	Shakes _____
Cravings _____	Sweating _____
Diarrhea _____	Tremors; Fine _____ Gross _____
Dilated pupils _____	Vomiting _____
Lacrimation (runny eyes) _____	Other _____
Muscle aches _____	
Nausea _____	

3. Medical Detox Protocol

(Explain below or attach as a separate sheet)

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